

The Pink Coat, MD

Do's and Don'ts of Your EMR & Charting!

DO abide by the law of **C = MD/DO**

DO finish each note immediately after you see the patient

DO set clear time limits with patients

DO only chart where you are most efficient

DO NOT look at the message/results/telephone message tab except during designated times

DO minimize distractions

DO crank out any remaining notes & make it a game

DO set a strict deadline for when you will leave at the end of the day/end of your shift.

DO NOT turn your pager on unless you are on call.

DO NOT open your EMR or your email from home unless you are on call. **EVER.**

And DO Take a Real Break Mid-Day/Mid-Shift!!